The extensive network of cycling routes in the Suwałki region allows fascinating cycling trips or tours to the most attractive parts of the region and the Polish-Lithuanian border. A ride on a bike will take you to the most picturesque places in the Suwałki region, Wigry National Park and Suwalski Landscape Park, allow you to venture into the furthest backwoods of the Augustów Forest or discover the charming lakes and rivers of the Suwałki-Augustów Lakeland. The diversified lay of the land requires considerable effort, but bikers will be rewarded by the fairy-tale charm of the postglacial landscape.

The capital of the region, “Serene Suwałki,” offers over 70 kilometres of cycling paths or cycling and hiking routes which lead to local tourist attractions, places of leisure, entertainment or cultural facilities.

Through the town runs the Green Velo Eastern Cycle Trail connecting the whole of Eastern Poland. The bicycle paths and routes run from Suwałki towards the Suwałki Landscape Park and Wigry National Park.

A few interesting offers have been prepared especially for fans of biking who prefer to spend their summer holidays in an active way. The Suwałki branch of PTTK invites in July and August to take bike trips under the “17th Summer on the Bike with PTTK” leading through the most attractive tourist destinations in Suwałki and the region.

The Association of the Lovers of the Suwalski Landscape Park organizes a cycling tour around Lake Hańcza on July 15. Whereas thee Salesian Sports Organization “Salos” invites for a two-day bike trip from Suwałki to the Wigry National Park, combined with a sightseeing tour of the Park.

The hit of this “Biking Summer” is undoubtedly a three-day biking trip to Vilnius under the OSIR ON TOUR 2017 project.

You are welcome to use the biking routes of the “Serene Suwałki” and the regional trails of the “Fairy-tale land”, participation in the tours is mostly free of charge.

The Festival is the biggest open-air blues event in Poland. During the four days of concerts, over 30 blues bands will play on two professional outdoor stages and in five festival clubs. The unique blues music will sound in concerts in the centre of the town, during blues breakfasts, on the open blues stage and in numerous acoustic and night club concerts combined with jam sessions. Thousands of blues fans and other visitors may hear the stars of the genre and enjoy their unique music.

This acclaimed musical event highly appreciated by both its audiences and artists is definitely worth a visit.

More at: www.suwalkiblues.com
Fairs and bazaars in the "Serene Suwałki"

The Suwałki Folklore Fair, 29-30 July 2017.

The Suwałki Folklore Fair is an annual festival of folk culture bringing together traditional folklore ensembles from the Suwałki region and border regions. Presentations are combined with a sale of the products of traditional folk arts and crafts, tasting and sale of regional dishes as well as culinary workshops. The Suwałki Folklore Fair complement concerts of folklore ensembles, encouraging a common feast.

PTTK welcomes residents of Suwałki and visitors to take guided themed walks along town tourist trails guaranteeing professional introduction to the town on the Czarna Hańcza.

Our professionally trained guide will lead you to the most attractive places in the town and give you information about its history, residents, precious monuments, traditions and cuisine that can be hardly found in books or tourist guides.

The walks are organized on: The 1st, 2nd, 8th, 9th, 29th, and the 30th of July, on the 5th, 6th, 12th or 13th of August, and on the 10th and 24th of September.


The walks’ Meeting Point is the Tourist Information Centre in Suwałki, ul. Ks. K. Hamerszmita 16, each walk takes 2 hours.

1st Group - at 10.00, 2nd Group - at 13.00. Participation is free.

The walks are financed by the Town of Suwałki.

The Camaldolese Fair, 5-6 August 2017.

It is an event organized annually during the Town Days. Fragrant breads, sausages, aromatic honey, but also folk handicraft products: laces and folk sculpture. All this can be seen or bought during the Camaldolese Fair. This year’s edition of the Fair will be accompanied by open-air concerts of Sylwia Grzeszczak and ENEJ band (5.08.2017 at 19.00).

The International Culinary Competition “Neighbours at the Table”, 10 September 2017

A great culinary event and chefs’ battle of Eastern Europe. Rivalling are the best dishes prepared by Polish, Lithuanian and Russian chefs. The event is accompanied by food tasting, regional food fairs, workshops and culinary competitions. The event is enriched by performances of folk ensembles from the Suwałki region and neighbouring countries.

The events take place in 3rd May Constitution Park (Park Konstytucji 3. Maja)

More at: http://um.suwalki.pl or http://sokusuwalki.eu

Summer tourist events
A guided stroll through Suwałki

The Suwałki Folklore Fair, 29-30 July 2017.

The Camaldolese Fair, 5-6 August 2017.

The International Culinary Competition “Neighbours at the Table”, 10 September 2017

Fairs and bazaars in the "Serene Suwałki"
PTTK Suwałki invites to biking tours in Suwałki and Suwałki region on the 1st, 15th, and 22nd of July and on the 5th and 22nd of August. Tourists will learn about the history of the region, its nature, landscape and see interesting places. The trips will be guided by qualified tourist guides and tour leaders.


Booking and information:
POLISH COUNTRY-LOVERS SOCIETY (PTTK)
16-400 Suwałki, ul. T. Kościuszk 37
Tel: 87 566 59 61, e-mail: poczta@suwalki.pttk.pl

The cycling route in the Suwałki district and the city of Suwałki of the total length of about 62.9 km runs from the boundary of the Warmińsko-Mazurskie and Podlaskie voivodship, near the locality of Bolcie, to the boundary of Suwałki and Sejny districts along the district road 1171B near the village of Czerwony Folwark.

The route has been traced on the voivodship, district and country roads. Bikers will be able to cover 23.5 km of the route using the existing or planned cycling paths.

The route crosses the following communes and towns: Wiżajny, Przerośl, Jeleniewo, Suwałki commune and town.

Bikers may take advantage of 12 MORs (Biker Service Points) located along the route:
- MOR Wiszytniec Tripoint – Wiżajny commune
- MOR Okłyny – Wiżajny commune
- MOR Stara Hańcza - Wiżajny commune
- MOR Głazowisko Bachanowo – Jeleniewo commune
- MOR Rutka – Jeleniewo commune
- MOR Szurpiły - Jeleniewo commune

Information and booking:
The Centre for Sports and Recreation in Suwałki
16-400 Suwałki, ul. Wojska Polskiego 2
Tel: 87 566 32 82, sekretariat@osir.suwalki.pl

The walks are financed by the Town of Suwałki.

OSIR ON TOUR 2017

The aim of the event is popularizing bicycle tourism among the residents of Suwałki, promotion of healthy lifestyle, active leisure and recreation, as well as popularization of regional trails and tourist destinations in the Podlaskie Voivodeship.

09 September 2017

Information and booking:
The Centre for Sports and Recreation in Suwałki
16-400 Suwałki, ul. Wojska Polskiego 2
Tel: 87 566 32 82, sekretariat@osir.suwalki.pl

The route can be followed on the interactive map available at the address: http://greenvelo.pl/portal/
A cycling tour of the Wigry National Park

"Around Lake Wigry" cycling route

The route runs around one of the most beautiful lakes in Poland located in the Suwałki region, surrounded by the woods of the Augustów Forest.


Some parts of the route, because of the difficult terrain and uneven surface of the roads, can be demanding and require a good basic physical fitness.

The route is 50 km long, with medium-level difficulties.

On the route:
- numerous lakes: Wigry, Leszczewek, Muliczne, Okrągłe, Mulaczysko
- the Czarna Hańcza Valley with a footbridge
- opportunity to bathe in the clean waters of the lakes, interesting nature
- the former Camaldolese monastery picturesquely situated on Lake Wigry
- The Wigry Narrow Gauge Railway from the beginnings of the 20th century, -originally used to transport timber from the Augustów Forest, now carries tourists
- wooden and clay farmhouses in the villages situated on Lake Wigry
- The Wigry Museum in Stary Folwark with a modern exhibition presenting the underwater world of the lake and its history from the Ice Age until the present day
- fish hatchery in Czerwony Folwark;
- “Płazy” [amphibians] educational path in Rosochaty Róg and “Jeziora” [lakes] educational path in Słupia with lookout towers in Krusznik, Gawrych Ruda and lookout piers in Bartny Dół, Powały and Binduga

The Tourist Information Centre of the Wigry National Park
Krzywe 82, 16-402 Suwałki,
tel. 87 563 25 62, 510 992 672, e-mail: turystyka@wigry.org.pl
Tours in the Suwałki Landscape Park

15 July 2017 - "Around Lake Hańcza" cycling tour.

A 22km-long cycling tour of varied difficulty, it runs from Malesowizna through Wodziłki, Stara Hańcza, Przełomka, Bachanowo, Kruzki and returns to the starting point. The highlights of the tour include the ruins of the water mill in Turtul, the Evangelical cemetery in Szewsza, the old farm buildings and the historic molenna [church] in Wodziłki, the ruins of the manor and manor park in Stara Hańcza, a panorama of Lake Hańcza from the lookout tower in Przełomka, Bachanowo Boulder Field Reserve on the Czarna Hańcza, and the hanging valley of "Gaciska" that cuts across the road to Malesowizna. The final point of the tour will be Turtul, the headquarters of the Suwałki Landscape Park (SPK) with the educational path called "Turtul Tales" themed on wetlands.

The tour follows at first the "At the Springs of the Szeszupa" educational path to Wodziłki and later the blue sign-posted trail to Lake Hańcza and the green-marked "The Czarna Hańcza Valley" educational path (ca. 10 km).

The tour will start in Turtul, from where the cycling party will start for Wodziłki passing along the springs of the Szeszupa river and the evangelical cemetery in Szewsza. While in Wodziłki, the group will learn about the history of the Old Believers and the historic molenna, and then continue towards Lake Hańcza.

The green-marked "The Czarna Hańcza Valley" educational path starts at the shores of the lake. You will be able to see: the Czarna Hańcza River which at this stretch looks like a mountain brook, the hanging valley of "Gaciska", Trutul-Bachanowo Esker and Turtul Pond (damming the Czarna Hańcza). The final point of the tour will be Turtul, the headquarters of the Suwałki Landscape Park (SPK) with the educational path called "Turtul Tales" themed on wetlands.

Bookings can be made by e-mail at: turtulspk@gmail.com, or by phone at: 87 569 18 01, at least two weeks before the planned tour.

Suggested cycling tours in the Suwałki Landscape Park

19 August 2017 - a walking tour of the Suwałki Landscape Park

The tour follows at first the "At the Springs of the Szeszupa" educational path to Wodziłki and later the blue sign-posted trail to Lake Hańcza and the green-marked "The Czarna Hańcza Valley" educational path (ca. 10 km).

The tour will start in Turtul, from where the cycling party will start for Wodziłki passing along the springs of the Szeszupa river and the evangelical cemetery in Szewsza. While in Wodziłki, the group will learn about the history of the Old Believers and the historic molenna, and then continue towards Lake Hańcza.

The green-marked "The Czarna Hańcza Valley" educational path starts at the shores of the lake. You will be able to see: the Czarna Hańcza River which at this stretch looks like a mountain brook, the hanging valley of "Gaciska", Trutul-Bachanowo Esker and Turtul Pond (damming the Czarna Hańcza). The final point of the tour will be Turtul, the headquarters of the Suwałki Landscape Park (SPK) with the educational path called "Turtul Tales" themed on wetlands.

Bookings can be made by e-mail at: turtulspk@gmail.com, or by phone at: 87 569 18 01, at least two weeks before the planned tour.

Suggested cycling tours in the Suwałki Landscape Park


"To Góra Zamkowa" [to the Castle Mountain]. The route: Malesowizna – Rutka – Szurpiły – Kazimierówka – Sidorówka – Szurpiły (Góra Zamkowa - a hill 228.1 m above sea level) - Targowisko – Wodziłki.

Mapa szlaków pieszych Suwalskiego Parku Krajobrazowego

LEGENDA
- na mapie nie jest zaznaczono
- szlak pieszy
- szlak rowerowy
- droga sztuczna
- droga gruntowa
- przeznaczenie

mapa przemysłowa
mapa zamieszkana
mapa techniczna
rozpieszczenie

B - brzeg
K - krajobraz
R - rezerwat
O - okazałce
P - parki

Map of hiking trails in the Suwałki Landscape Park

Legend
- Not on map
- Hiking path
- Bicycle path
- Artificial road
- Gravel road
- Designation

Industrial map
Residential map
Technical map

B - Border
K - Landscape
R - Reserve
O - Observation
P - Parks
A stroll through "Serene Suwałki"

It is worth planning sightseeing in Suwałki in a few stages, depending on your interests and available time. Those interested in architecture and the history of the borderlands will certainly find here many interesting buildings and sites. There are also many attractions for lovers of entertainment and active leisure. The town also has a unique offer of family holidays involving completing quests and opportunities to experience the adventures of "treasure hunters".

The Neoclassical Walk is a 2km long trail that runs through the town centre, mainly along ul. Tadeusza Kościuszki - the most important artery of the "Old Town" of Suwałki.

The walk includes 21 stops, giving an opportunity to admire interesting examples of neoclassical architecture: churches, town hall, and charming nineteenth- and early twentieth-century houses. The buildings designed by eminent architects have their own unique history. While strolling along the “Neoclassical Walk” we get to know the places where famous citizens of Suwałki once lived: Maria Konopnicka, Alfred Wierusz-Kowalski, Edward Szczepanik, Czesław Miłosz's family and Lechosław Marszałek.

1. The Church of the Sacred Heart of Jesus in ul. A. Mickiewicza
2. The former Boys’ High School (Gymnasium) - ul. Mickiewicza 3
3. The Town Hall and the former Guardhouse
4. The former Treasury Chamber – ul. T. Kościuszki 47
5. The former Posting House – ul. T. Kościuszki 45
6. Maria Konopnicka’s House – ul. T. Kościuszki 31
7. Lechosław Marszałek’s House – ul. T. Kościuszki 27a
8. The Holy Trinity Evangelical-Augsburg Church - ul. T. Kościuszki 12
11. The House under the Columns - ul.T. Kościuszki 62
12. The former Book Shop - ul. T. Kościuszki 72
13. The Building of the Former Voivodship Committee and Tribunal - ul. T. Kościuszki 74
14. Pharmacy - ul. T. Kościuszki 78
15. The former Hospital – ul. T. Kościuszki 101
16. Bank Building – ul. T. Kościuszki 89
17. The former Resursa (Citizens' Club) – ul. T. Kościuszki 81
19. The Church of St. Alexander - Pl. J. Piłsudskiego [square]
20. The Miłosz’s House - ul. ks. K. Hamerszmita 10

The walk is 3km long and presents the richness of the cultural and religious heritage as well as natural values of Suwałki. It includes 6 stops:

1. “The Cemetery of Seven Religions”, Lake Arkadia, bridge on the Czarna Hańcza, ul. Chłodna and the 3rd May Constitution Park. Following the path, we will discover the multicultural character of the borderland city of Suwałki, situated in the precious natural environment on the picturesque Czarna Hańcza River.
2. The complex of the cemeteries of seven religions
3. Lake Arkadia
4. The Bridge on the Czarna Hańcza
5. The former Old Town Market Square
6. ul. Chłodna (Cold Street)
7. Park Konstytucji 3 Maja (3rd May Constitution Park)
A stroll through "Serene Suwałki"

The ten small people from Maria Konopnicka's fairy tale Little Orphan Mary and the Gnomes can also be met in Suwałki. Their little sculptures were executed after Marcin Sancer's excellent book illustrations by Piotr Makala's sculpture workshop in Wrocław.

Here is a list of places where you should be looking for the gnomes:
1. Zagiewka, the lover of herbs, at the entrance to the facility building of the Football Stadium
2. Pakula and Mikuła, the guardians, at the entrance to Maria Konopnicka Museum;
3. Sikorek, the bird-lover, at the fountain in the May 3rd Constitution Park;
4. Podziomek, the gourmand, on an old lantern post in ul. Chłodna
5. King Błystek and Kocie Oczko, at the monument of Maria Konopnicka in the middle of the square bearing her name;
6. Koszałek Opałek, the chronicler, the Grande-Synthe walkway, across from the "Arkadia" shopping centre;
7. Modraczek, the lover of music and flowers, near the fountain at the Suwałki Culture Centre
8. Pietrzyk, the lover of sport, at the entrance to Aquapark, ul. Jana Pawła II

A stroll along the "Gnomes Do Exist" trail provides also an opportunity to get to know the most interesting sites in Suwałki.
Baza CN Adriatic nad Hańczą is located in Błaskowizna, on the south-east banks of Lake Hańcza. The complex offer includes:

- a package of diving courses and specialized training,
- including ice diving,
- rental of equipment and filling of tanks,
- sale of gear and authorized services

We offer cruises on the Lake Wigry on our ship TRYTON (specially rebuilt and adapted for the visit of Pope John Paul II). The cruises are available from April through October. The route runs across the Hańczańska Bay through the mid-lake basin, the deepest place of Lake Wigry - 73 m deep. The ship operates daily from 10.00 to 16.00 (every 1.5 hours), one cruise takes 1 hour. The ship can take 45 persons.

The main marina is located in close proximity to the Camaldolese Monastery in Wigry.

More at: www.wigry.info.pl

Our family company offers agrotourism accommodation, bike rental and canoeing trips to the most beautiful rivers of Suwałki and Lithuania (Czarna Hańcza, Rospuda, Marycha, Biała Hańcza).

Enchanting atmosphere and picturesque landscapes will remain in your memory for a long time to come...

Here you will find things you love, feel cordially invited!

If you are a fan of active leisure and wish to escape from the hustle and bustle of modern life and spend your time in a unique places, WOSiR Szelment will be the place you may dream about. In the summer season, we offer one-kilometre long water ski cable and equipment rental on Lake Szelment Wielki.

At the ski cable, you will find a sauna, the only operating in this area guarded bathing facilities with a paddling pool for kids and a buoy-marked swimming zone. Our customers can also use our kayak or bike rental services. Another attraction of WOSiR Szelment is a magnificent rope park with three different difficulty routes, stretched on 46 supports, and a climbing wall with 4 routes of different difficulty. You can also take part in a great paintball battle, play a mini golf game or rent a bike and explore the beautiful Suwałki region, using the safe Green Velo cycling route.